

KEITH VALLEY GRAB & GO BREAKFAST MENU

We offer a variety of Grab and Go items Daily Including:

Assorted Breakfast Sandwiches (Bacon, Egg and Cheese on a Bagel; Sausage, Egg and Cheese on a Bagel or Cheese and Egg on a Bagel)

Bowl Pack Cereal (Flavors may include: Trix, Lucky Charms, Cheerios, Cocoa Puffs, Cinnamon Toast Crunch, and Golden Grahams)

Yogurt Cup (Flavors may include: Strawberry, Strawberry Banana, and Vanilla)

Cereal Bars (Flavors may include: Cinnamon Toast Crunch, Golden Grahams, Trix, Cocoa Puffs)

Whole Grain Cinnamon Rolls

Whole Grain Pop Tarts (Flavors may include: Strawberry, Cinnamon Sugar, Fudge)

Whole Grain Muffins (Flavors may include: Apple Cinnamon, Banana, Blueberry, Chocolate Chip)

Readi-Bake Breakfast Bars (Flavors may include: Chocolate Chunk, French Toast, Oatmeal Chocolate Chip, Apple Cinnamon)

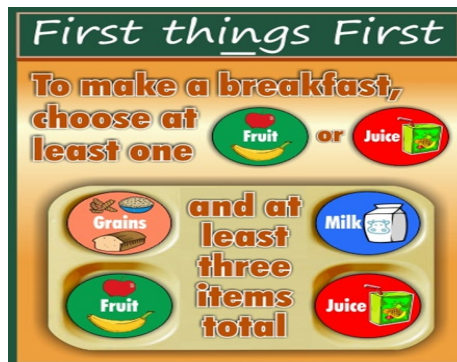
Whole Grain Mini- Donuts (Flavors may include: Chocolate and Powdered Sugar)

*Our Breakfast Kiosk will be open in the lobby every morning. The **highlighted entrees** above will be served at the Kiosk daily. Fresh fruit and all milk varieties will also be available.*

Fruit Options include:



100% Fruit Juice (Apple and Orange), Fresh Apple Slices, Oranges, Bananas



Milk Choices include:



Fat Free, Low-Fat White, Fat Free Chocolate & Strawberry, and Lactaid

BREAKFAST IS FREE!!!

"This institution is an equal opportunity provider.
Menus are subject to change"